



January 5, 2017
Behavioral Health Advisory Board
Meeting Minutes

P.O. BOX 85524
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MEMBERS PRESENT

Joel San Juan – District 1
Rebecca Hernandez, 2nd Vice Chair – District 2
Jenifer Mendel, Member-at-Large (ADS) – District 2
Helen Rees – District 2
Colin MacKinnon – District 3
Ed Weiner – District 3
John Sturm, 1st Vice Chair – District 4
Judith Yates, Member-at-Large (MH) – District 4
Richard McGaffigan – District 5
K.C. Strang – District 5

MEMBERS NOT PRESENT

Eyra Leeper – District 1
Carmelita Trujillo – District 1
Michael Matthews – District 2
Deanne George – District 3
Tom Behr – District 4
Jerry Hall – District 4
Phil Deming, Chair – District 5

STAFF TO THE BEHAVIORAL HEALTH ADVISORY BOARD

Alfredo Aguirre, Director, County Behavioral Health Services Division
Philip Ainsworth, Administrative Analyst I, County Behavioral Health Services Division

I. CALL TO ORDER

The Behavioral Health Advisory Board (BHAB) meeting was called to order by John Sturm, 1st Vice Chairperson, substituting for Phil Deming, Chair, at 3:36 p.m. at the County Administration Center, 1600 Pacific Highway, San Diego, California 92101, Room 302/303.

II. INTRODUCTION OF BOARD MEMBERS

Members of the BHAB introduced themselves.

III. APPROVAL OF THE MINUTES – DECEMBER 1, 2016

ON MOTION of Jenifer Mendel, seconded by Colin MacKinnon, the BHAB approved the minutes of December 1, 2016, as written.

AYES: 9 NAYS: 0 ABSTENTIONS: 0

IV. PUBLIC COMMENT

Lisa Irving, President for the National Federation of the Blind (NFB), San Diego Chapter, came before the BHAB to talk about the barriers to local public mental health services, resources and programs for blind or visually impaired San Diegans who live with a mental health challenge. Ms. Irving highlighted four major barriers and challenges: 1. double stigmatization, 2. exceedingly underserved in the local mental health community, 3. access to information due to lack of technology services and printed material for the visually impaired, 4. no cross-disability supported employment programs for the blind and visually impaired. The National Federation of the Blind is an education and advocacy organization that is 50,000 members strong across the United States. Ms. Irving urges the BHAB and Behavioral Health providers to reach out to the California State Department of Rehabilitation, Blind Field Services, and to work with the San Diego Chapter of the NFB to address and collaborate on solutions to the concerns mentioned above. More information about the NFB can be found at their website: <http://www.nfb.org>.

V. ACTION ITEM – Authorization for Single Source Procurements for School Based and Residential/ Placement Behavioral Health Resources Board Letter – Alfredo Aguirre

Since Board of Supervisors' direction on December 12, 1995 (46), the Health and Human Services Agency's Behavioral Health Services (BHS) has been working on the development of a comprehensive system of care for seriously emotionally disturbed children, adolescents and their families. Subsequent actions by the Board provided key steps toward realizing an integrated array of outcome-based services for children and youth. In 1999, with oversight by the Board's School Subcommittee (Supervisors Cox and Jacob), a multi-faceted plan for expanding mental health services was developed. The County has worked extensively with elementary, middle and high schools, existing and potential new providers, and consumers to create an infrastructure that ensures that the entities selected to provide services on school campuses are the choice of the school districts.

On October 17, 2000 (1) the Board of Supervisors approved the expansion of services available within the Children, Youth and Families system of care using State funding. On December 13, 2005 (1), school based programs were augmented with MHSA funds to enable them to also serve non-Medi-Cal students with mental health needs. On February 24, 2009 (8) continuation of school based contracts was authorized beyond their expiration dates based on school district choice. School-based behavioral health services are provided on the campus of designated schools selected by BHS in collaboration and partnership with the school districts. This collaboration has resulted in behavioral health services currently being provided on the campuses of over 400 schools.

This item requests authorization to continue to allow school districts and BHS to jointly select the BHS providers contracted to provide services on their school campuses. This item also requests authorization to continue to allow BHS to renew, extend and establish contracts for behavioral health treatment services with the residential/placement providers. Behavioral health services are provided to clients in residential 24-hour facilities or homes licensed by the State Department of Social Services, Community Care Licensing Division or the State Department of Health Care. Residential care programs provide 24-hour treatment for clients or residents who require a higher level of care than available in an outpatient setting. When clients who reside in a residential program/placement also require behavioral health services, it is most efficient, effective and beneficial to the client for the purpose of continuity of care, to contract with the same provider for the behavioral health treatment.

It is, THEREFORE, staff's recommendation that the Board support: approval for school districts to continue to select, with BHS approval, behavioral health services providers for their campuses; and approval for BHS to renew, extend and establish contracts for behavioral health treatment services for clients in 24-hour residential or placement settings with those providers who are licensed by the State.

DISCUSSION:

Rick McGaffigan asked for clarification as to whether the 400 schools represent 400 different contracts or multiple systems within schools.

- The number of contracts is approximately 50. The 400 represents organizational providers, typically non-profit contractors, which the schools have selected. These contractors will be in multiple schools, and some will serve multiple schools districts.

Judith Yates noted concern in the community about reducing the use of congregate placement. Under this newer system, will there be longer wait times to place children?

- Child Welfare Services is taking the lead in this area as far as placement options for children under the foster system. Much work has already been done in the foster system toward reducing congregate care.

Rebecca Hernandez asked for clarification on what “sole source” means.

- The document before the BHAB is merely describing what is and providing the infrastructure to continue existing contracts in the schools or initiate new contracts. The contracts, which began in 2005, will infuse Mental Health Service Act dollars through these existing contracts with the schools to not only see Medi-Cal beneficiaries, but also see unfunded youth. If it is determined that additional resources are needed on school campuses under the types of services described in the Board Letter, this agreement gives the county the authority to do that.

Jenifer Mendel wanted to know if BHS is actively working with the County Office of Education in the Momentum Learning Programs, and if kids who are sent to the different blended community schools are able to access the mental health services.

- The county has a contract that is specifically designed to partner with kids who are in the Momentum Program.

John Sturm wanted to know if services for LGBT youth and their families are included.

- Yes, LGBT youth access these services, but separate from this specific single source, Behavioral Health Services is in the process of procuring a contract through a competitive procurement to bring on an LGBT program.

ON MOTION of Judith Yates, seconded by Jenifer Mendel, the BHAB voted to approve the recommendations for the single source procurements, with discussion as noted above.

AYES: 9 NAYS: 0 ABSTENTIONS: 0

VI. ACTION ITEM – Vote to Establish a California Mental Health Planning Council Data Notebook Workgroup – Phil Deming

Every 12-18 months, the California Mental Health Planning Council prepares a “Data Notebook” for the purpose of having local Advisory Boards review and offer feedback on how County mental health services may be improved. Review and response to information in the Data Notebook meets the requirement set forth in the Behavioral Health Advisory Board (BHAB) Bylaws which mandates that BHAB: *Review and comment on County’s performance outcome data, as it relates to behavioral health matters, and communicate its findings to the California Mental Health Planning Council.*

Today’s action recommends the formation of an ad-hoc workgroup with the following parameters:

1. Workgroup to consist of a minimum of three BHAB members including one member to be designated as Chair,
2. Workgroup to meet in January and February (frequency to be determined) to review information in the Data Notebook and develop responses to approximately 30 questions,
3. Workgroup may reach out to County staff for assistance in providing unknown information, if needed,
4. The Workgroup’s final report is due to the California Mental Health Planning Council by March 31, 2017.

It is, THEREFORE, staff’s recommendation that the Board vote to Establish a Data Notebook Workgroup.

DISCUSSION:

Tom Behr, Jenifer Mendel, John Sturm, Ed Weiner, and Rebecca Hernandez volunteered to work with Phil Deming. They will reach out to Jerry Hall, who also expressed an interest. Names will be given to Phil Deming to choose workgroup members.

Two suggestions were made:

- For BHAB to work in collaboration with county BHS staff to develop the answers. Alfredo Aguirre explained that BHS staff's role is to provide technical assistance and clarify any elements of the data that the BHAB does not understand.
- Since the reports are available online, review answers from a couple of other counties, particularly Los Angeles.

Questions will be distributed to all BHAB members for their input, and then the workgroup will review and develop final answers by the March deadline.

ON MOTION of Jenifer Mendel, seconded by Joel San Juan, the BHAB voted to establish a Data Notebook Workgroup, with discussion as noted above.

AYES: 9 NAYS: 0 ABSTENTIONS: 0

VII. PRESENTATION – *Live Well San Diego* Regional Overview – Chuck Matthews, Dale Fleming and Dr. Danyte Mockus-Valenzuela

Dr. Danyte Mockus-Valenzuela introduced today's presenters: Dale Fleming, Director of the Office of Strategy and Innovation, and Chuck Matthews, Director of North Coastal and North Inland Regions.

PowerPoint Presentation: *Live Well San Diego: An Update*. *Live Well San Diego* is a shared vision for a region that is Building Better Health, Living Safely and Thriving. This vision includes 4 strategic approaches, and the county is measuring its progress using the Top 10 Indicators across 5 Areas of Influence, which were developed using the Social Determinants of Health model. The presentation delved into the components and the shared measurement framework system.

Handouts distributed included:

- A flier listing links to access -
 - A Partner Portal reserved exclusively for Recognized *Live Well San Diego* Partners to collaborate with other partners through opt-in interests, update activities and outcomes, and share events with other partners.
 - *Live Well San Diego* materials online where the public can view annual partner reports, materials and documents to download, email and print.
 - A reporting platform for sharing County Performance measures, standards and progress over time on the *Live Well San Diego* Top 10 Indicators and Expanded Indicators. This public-facing, web-based data tracking and visualization tool is user-friendly, interactive, and can be used by internal and external customers, partners, community individuals, and other governing bodies.
 - *Live Well San Diego* Open Data Portal which is a single repository for aggregated, secondary data that optimizes access, use and exploration. Data can be displayed in an excel spreadsheet, chart or graph format, and any user can create private workspace to save his/her research and special views created from datasets in eight data categories.
- *Live Well San Diego* Partners Report Executive Summary for Fiscal Years 2015-2016

Dale Fleming will reach out to BHAB members who have additional questions next week. In addition, a list will be sent out of *Live Well San Diego* Leadership meetings and their locations throughout the county.

VIII. DIRECTOR'S REPORT – Alfredo Aguirre, Director, Behavioral Health Services

- Alfredo Aguirre introduced Maria Morgan, a new Behavioral Health Services Regional Coordinator, who will be joining Dr. Piedad Garcia's team in the Adult/Older Adult System of Care. Ms. Morgan came from Pathways, which is a division of Molina Health Care, and brings expertise in alcohol and other drugs services as well as services for our young adult/transition age population.

- Update on potential impact of presidential change on BHS and concern about the future of the Affordable Care Act.
 - There is still a lot of speculation, and there is a lot to wade through from tweets from our President-Elect to articles in the New York Times, and more in-depth policy analyses from some of our more well-known policy organizations that are involved in health care and are concerned about the impact. San Diego County is well positioned and has a good lobbying group that keeps in touch with what is happening both in Washington, D.C., and Sacramento.
 - For now, the intent of Congress, the Senate and the President-Elect is to repeal the Affordable Care Act. What that means for the county as far as impact to funding, we don't yet know, but the county continues to move forward with planning for Drug Medi-Cal. BHS will also be talking with Public Safety Partners about what our organized delivery system will look like.
- Drug Medi-Cal Update
 - If the county decides to opt in to Drug Medi-Cal, we will be able to access significant Federal dollars, but it will come with a price. BHS staff continue to articulate to County Administration what that price tag will be in order to really implement this organized delivery system. At the end of this month staff will have a briefing with Nick Macchione, Director of the Health and Human Services Agency, and then present to the Public Safety Group in early February. The hope is to be ready to meet with the BHAB Drug Medi-Cal workgroup to co-present to the entire BHAB in March.
- There will be a presentation on Prop 64, the legalization of marijuana, at the February BHAB meeting by Linda Bridgeman-Smith, who is the county's lead. Topics will cover the impact of Prop 64, what to expect, and how it is being operationalized at the state as well as the county level in terms of policies that are being instituted to implement Prop 64.

IX. CHAIRPERSON'S REPORT – John Sturm, Behavioral Health Advisory Board 1st Vice Chair

- Request for BHS to follow up on the reason a particular homeless shelter that did not open during the holiday season. Alfredo Aguirre will follow up.
- The PERT Grand Jury report came in a few months ago. John Sturm encourages BHAB members to read it as it gives a good summary of what PERT does, gives statistics, and outlines what some of their challenges are. The response from the Sheriff and PERT/Community Research Foundation is also important to read as it gives clarification to questions raised in the Grand Jury Report. Alfredo Aguirre will make sure both documents are sent to the BHAB electronically.

X. ADVOCATE REPORTING

None. John Sturm stated that an update on what the BHAB Executive Committee is doing as far as Advocacy roles will be given at next month's meeting.

XI. BOARD MEMBER ANNOUNCEMENTS

- Rebecca Hernandez distributed to BHAB members in attendance an Op-Ed from the Washington Times entitled, "When the drug hits home: The heartbreak of 50,000 dead is everywhere."
- The Sheriff's Department will give an update to the BHAB in April. If any BHAB member has any subject area or questions they would like to have answered, please submit them ahead of time to Traci Finch. Traci will also follow up with an email reminder when she returns from vacation.

XII. MEETING ADJOURNMENT

ON MOTION of Judith Yates, seconded by Jenifer Mendel, the meeting adjourned at 5:31 p.m.

AYES: All

Brown Act Procedure: *As required by California Government Code 54950 et seq. (Ralph M. Brown Act), a copy of the packet of information that was mailed to Behavioral Health Advisory Board members at the point of posting of this agenda has been placed at the reception desk at 3255 Camino Del Rio South, San Diego, CA 92108, for public inspection, and is available at the site of the meeting for public inspection. Members of the public wanting their own copy of the advance materials may request them under Government Code 6250 et seq. (Public Records Act) and receive them on payment of copying charges of \$0.20/page, and actual mailing charges, if mailing of the material is requested. If you are planning to attend and need special accommodations, you must call Jackson Alexander at (858) 505-6521, at least three days in advance of the meeting.*

[Signatures to be inserted here]

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